

Easy, everyday health is here.



Carbon Health gives you direct access to an expert healthcare team so you can feel your best each day.

By bringing together the best of virtual care, face-to-face visits, and connected devices to better understand your daily health and habits – your care team can spot trends, customize treatment, and offer you guidance that’s timely and personal.

Feel the Carbon Health Difference



Care for your body and mind

Complete preventative, chronic, urgent and mental healthcare – all through Carbon Health.

-  Book same day virtual or in-person appointments
-  Access mental health care support within 7 days
-  Get help with specialists and care coordination

Better care through connected tech

Health devices let us get to know your daily life and health, so we can better help you:

-  Treat a symptom - with one-click symptom tracking
-  Meet a health goal - by logging habits and vitals
-  Spot trends faster - to get on top of issues earlier

A dedicated go-to care team

You'll get a supportive team of experts who work together to take care of the whole you.

-  **Provider**
Leads your team and care
-  **Behavioral health care manager**
Provides support for mental health
-  **Patient guide**
Helps you get the most from Carbon Health
-  **Nurse**
Assists with your health needs

